

NEWSLETTER OF THE INTERNATIONAL FREEZONE ASSOCIATION

Preserve, Protect & Promote

May 2010

Volume 1 Issue 5



"Amongst the capabilities and potentials of the thetan is immortality in full knowingness of his own identity. The amount of time which he has spent on earth, and the number of deaths through which he has gone, have brought him into a state of forgetfulness about who and where he has been. This material is recovered in Scientology, if the Scientologist specifically processes toward it."

Ability Magazine March 1955 Lafayette Ron Hubbard Newsletter of the International Freezone Association Inc

# **FREE THETAN**

### NEWSLETTER OF THE INTERNATIONAL FREEZONE ASSOCIATION INC.

#### FREE THETAN Volume 1 Issue 5 May 2010

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#### The International Freezone Association Inc.

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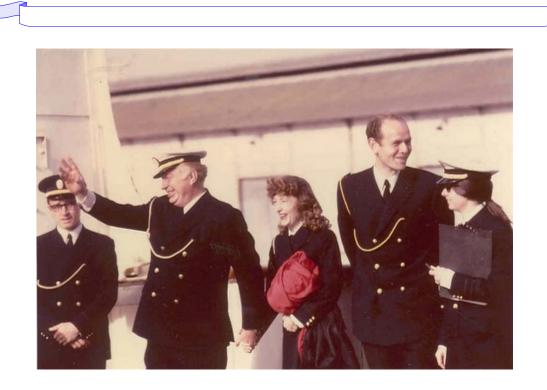


The International Freezone Association The New Renaissance of Beingness Preserve, Protect & Promote!

### Quote from L. Ron Hubbard

"...Today the bulk of the human race is walking around with the belief that there is something wrong somewhere but they don't quite know what it is." The Auditor 36





Newsletter of the International Freezone Association Inc



~~ Editarial ~~

reservo, servo, proveho

### **Dear Reader**,

Training is important when it comes to applying the philosophy of scientology.

An individual can receive the benefits of auditing and achieve a great expansion of spiritual awareness and freedom as a result.

But without training in the 'whys' and 'how comes' of scientology, an individual, no matter how far he moves up the bridge to freedom, is always at risk from the 'slings and arrows of outrageous fortune.'

This is demonstrated by the fact that all individuals were once free and now are not. What happened? Inexperience and knowledge is what happened.

To ensure one stays free and can spot and handle life is just as important as freeing the shackles of the mind.

Otherwise with the knowledge to deal with them, new shackles can appear and replace, over time, the old ones.

The best way to do that is to get trained. Find out what the mind, the individual really is, What life is and how it relates to this universe. And, importantly, how to handle situations and people in life!

Michael Moore President International Freezone Association Inc.,

### FREE THETA

The voice of Freedom! The voice of the Freezone! Exciting articles by well known & respected Freezone individuals. Regular favourite features. Available to Members only. <u>http://internationalfreezone.net</u>

### The Aims of Scientology and the IFA

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not ette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

### The Aims of the IFA

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiri- trust and been betrayed. We may err, for tual being.

The IFA is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

IFA seeks only to assist in paving the way those you love and for man. for evolution to higher states of being for the individual and for society. After end- Our aims are simple, if great. less millennia of ignorance about himself, his mind and the universe, a break- And we will succeed, and are succeeding through has been made for man by Lafay- at each new revolution of the Earth. ette Ron Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to the IFA We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafaytechnology is not easy. But then, if it were, we wouldn't have to be doing it.

The IFA does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

The IFA does not seek revolution. The And may a new day dawn for you, for

Our help is yours."

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## **WHAT DIANETICS CAN DO**

Quote from a lecture given on 23 September 1950

### **Case Histories and Questions**

There is a school of thought running in the country today that says that Dianetics is such a miracle it can do anything. I have heard two people arguing about Dianetics, neither one of whom knew anything about the subject. One was arguing for it, and the other one against it. And the one arguing for it said, "Dianetics be- writes down everything he says. She will even ing what Dianetics is, you could actually take a tell him to go back down the time track. Of sharp ax and chop a man's spine in half, and if course what he is doing is staying in present you picked up the engram immediately, it time, running dub-in. When I found out how would grow together once more." This is not long they had been at this, I almost passed true.

Dianetic processing is a fairly precise art, but it is still an art. It is something that one does with So a professional auditor went into the case. It tice of it.

rapidly, open it up, roll it, and get places with cally knocked pieces of plaster off the ceiling, it; whereas a person who has merely read the and used up a full box of Kleenex! Then all of Handbook is sometimes so afraid of hurting a sudden his tone began to rise and people somebody, or is practicing tacit consents to could start living with him. Someone at the such a degree, or is so slightly conversant with Foundation invented the term "patty-cake" to the principles (they were there on the page, but describe this type of ineffective auditing. I'm they just weren't quite picked up), that I could not responsible, really, for the terms in Dianetimagine somebody running five or six hundred ics. I have tried to keep it scholarly and pure. hours and accomplishing relatively little.

rather afraid of him and he has some engrams in." These are very colloquial terms. You inthat tell him if he just lost it he would die. As a troduce a very fine term, it has several syllaconsequence he is rather resistive. But he will bles, it rolls nicely on the tongue, one can look lie down on the couch and she sits there and rather pompous when he says it, and the pro-



away. They had done it for five hundred hours! What a fantastic waste of time.

a full knowledge of the principles and the prac- was sitting on top of a big grief charger and a terror charge, together with three or four painful engrams that had to be resolved. This pre-A professional auditor can go into a case rather clear went about four feet off the couch, practi-Once upon a time engrams were called comanomes. Then there was the word garbage, For instance, one gentleman has a wife who is which isn't used much now, but it meant "dub-

fessional auditors will look at you and say, There is a great deal of technology, evidently, "Hm-hm"; and then the day after tomorrow which grows up and gets into the subject comyou find out that they are calling a chemical pletely outside the Handbook. The Handbook assists Guk. Here is something new, and it works; you can read it and do the auditing in it, definitely has its own language growing up but there are degrees of how fast and how well. around it which is spontaneous and native to it. I don't mean to crush anybody who is working This language isn't something somebody labo- with the Handbook. riously thinks up. It's simply "There it is. What do we call it?"

For instance, what term would someone use to processing done. It is how fast you get it done designate a case that is wide open, has sonic that counts. Sometimes cases bog down and recall, visio recall, no pain shut-offs, and to the Handbook isn't too adequate on starting whom you just say "Go back to the earliest them up again. The first bulletin of the Founmoment of pain or unconsciousness" and the dation, which released Standard Procedure, fellow goes, you run it out, and it erases? They does more but there is even more that can be have begun to call this the "pianola case" be- one on that. Dianetics is very hard to keep pace cause it plays itself!

The difference of auditing skill is enormous from person to person. I have seen people who have merely read the Handbook who are excel- his," but 30 days later it has altered again. lent auditors, yet the worst professional auditor compares to them like light and darkness.

Unless you are content just to sit there and write down what somebody says, you will get with. It can be reviewed every 30 days and it ill e found to be very much in advance of what it was 30 days before. Each time one reviews it one says, "Well, it can't get any better than

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Contact: support@internationalfreezone.net

### **CERTIFIED AUDITORS & GROUPS**

### This list of auditors and groups here have been ratified and certified As delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details.

Country	Region or State	Name	Contact email/phone	Tech Training Level	Admin Training Level	Services Delivered	IFA Certified
Canada	Toronto	Chris Black	standardtechauditor@yahoo.ca	Class Vlll C/S, KOT,	DSEC	Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing, FPRD; Debugs & more.	IFA
UK	South East	Vicky Ballard	vballarduk@yahoo.co.uk	Solo NOTS	To Be Advised	L/R to Clear+DCSI OTreviews and OK to audit NOTs all with a Class12 C/S	IFA
USA	North West	<u>Anita&amp;Les</u> <u>Warren</u>	www.lifeimp.com	Classed Auditors	To Be Advised	All up to Class IV, NED, Solo Purif, PRD, Basic Courses	IFA
USA	South East USA	Mark List	beachniks@yahoo.com	Class VIII	OEC, DSEC	Qual and CS services	IFA
USA	Los Angeles USA	<u>Trey Lotz</u>	<u>trey@relaypoint.net</u>	Class VIII	To Be Advised	Standard LRH Bridge up to Clear, NOTs, Ls	IFA
USA	West	Roy Selby NorthWest Field Auditor	roy_slby@yahoo.com	Grad V certified	OEC,FEBC	Auditing to Class IV, Counselling to OT III	IFA
USA	North East. Will travel	<u>Ken</u> Urquhart	urq@verizon.net	Class IV Advance Courses Specialist. Class IX	To Be Advised	Internships, apprenticeships and Okay-to- Audits Class V	IFA

### Groups, Organisations & Individual Auditors

Please note: The International Freezone Association receives no commercial interest direct or otherwise from any of the people listed above. The IFA does not recommend any particular auditor listed and this list is provided on an informative basis only. Each individual is responsible for their own integrity and case.

## THE RELATIONSHIP OF TRAINING TO OT

### **Quote from SHSBC lecture 1963**

You very lucky people. You are very fortunate people. You came all the way down the track, lived all those years, did all these stupid things, and you wind up here with a chance out.

That chance is as good as you can audit. It's not a bit better.

It is a good thing if anybody is to be fully cleared or go OT for them to be trained. If they are going to make it, they are going to have been trained well.

I can see you now, with your sleeves rolled up, sweating, with three or four people that you are auditing, and they keep asking you these silly questions about, "What is this thing called a Tone Scale? I didn't know I had to study music in order to..."

And they're worried about their present time problems. They come into session and they want to tell you about the fight they had with their wife, and they want this all cleared up. It's a present time problem. But actually it's their son they're really worried about. And then there is Aunt Agnes – she has committed a terrible overt act against them: she didn't die and leave them their money. And so forth, and on and on and on.

I can just hear you now, straightening all this up, saying "fine", and then the guy says, "Well, what's all this wonderful power I was supposed to have and all that sort of thing?"

Unless you train them, unless they actually become a fully trained auditor, they really don't have a prayer.

When you start training somebody, actually all these people are all preselected out of the races of earth today. They arrived and enrolled. That they are there tells you that they are preselected to begin with. It's not a cross-section of the population at all. It's a very great minority of the population, certainly composed of the upper tenth of the intellects of the world today.

So you're dealing with a specialized group, specially selected. These people are then moved on up with further selection by advanced levels of training. The confront, the persistence required of one of these people – sticking with it, the disappointments and the upsets – if you don't think that is a process of pre-selection you should take a look at it someday. And those who have survived this particular process have simply demonstrated the fact that they will obviously someday make OT. It's as simple as that.

By the time you get through that pre-selection, why, you are practically a screaming genius.

### The Purposes of the International Freezone Association

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

What happens after somebody has gotten up the chart? Well, at this stage of the game they're probably trained, but they certainly have to be trained further in spite of the preselections and other things that brought them up along the line. They'd have to be pretty well grooved.

The best way and the most sure fire way to get to be OT, then, is to be a top-rank auditor, for various reasons, including the aplomb it takes to confront the bank.

New people – you can make them well. It's well worth doing, nothing wrong with that at all. You can make a marriage run better and a kid be happier, and you can make life tenable, and so forth. But actually you have to know how to audit well in that direction just to make life tenable enough for you to be able to through to OT. A non-Scientologist is so surrounded by confusion that their present time is insufficiently calm for them to have any progress in the direction of OT.

Many are called but few are chosen. There are many reasons why this track and path is a limited track and path. This isn't to say that eventually every body won't make OT. But certainly, directly and positively it will be a very long route for others. Hundreds of years, thousands of years from now, there will be somebody picking it up and saying, "Well, let's see. What's this thing called *tone arm action*?"

When you look up the line on that and get a real view of the situation, you realize where you are and where you sit. You're right up in the front seat of the first breakthrough that's ever been made in this universe on the subject of the road out, the way through.

You're fortunate to have moved into the situation that you're in. The only thing I can ask you and point out to you is that you're in a position where you shouldn't waste any of the potential which you have immediately at your fingertips. You shouldn't waste any part of that.

Training is definitely, definitely, definitely a part to the route of OT. Definitely. This is something that is not ,,nice" to be part of. This is something that is a *vital part* of becoming OT.

The only thing I ask you to do is to make the most of what you've got.

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### ~ Special Notice ~

The IFA is now on Twitter and Face book! To see the IFA posts on twitter simply log into Twitter and go to <u>IFreezoneAssoc</u>

To see the IFA on Facebook, Just log in to Facebook and go to Int Freezone Assoc

Keep in touch. Today!

# **The Philosophy** Lafayette Ron Hubbard

Lafayette Ron Hubbard said:

"The first principle of my philosophy is that wisdom is meant for anyone who wishes to reach for it. It is the servant of commoner and king alike and should never be regarded with awe."

"Selfish scholars seldom forgive anyone who seeks to break down the walls of mystery and let the people in. Will Durant, the modern American philosopher, was

relegated to the scrap heap by his fellow scholars when he wrote a popular book on the subject, The Outline of Philosophy.

Thus brickbats come the way of any who seek to bring wisdom to the people over the objections of the "inner circle."

"The second principle of my own philosophy is that it must be capable of being applied." "Learning locked in mildewed books is of

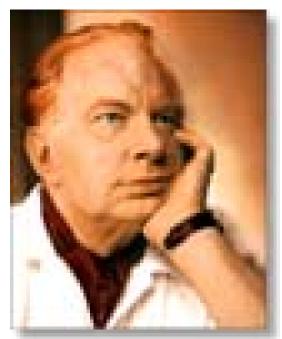
little use to anyone and therefore of no value unless it can be used."

"The third principle is that any philosophic knowledge is only valuable if it is true or if it works."

Upon these principles the basic philosophy Hubbard, made the person was referred to was researched and developed.

No one can render the vital information Hubbard discovered better than he, as the originator of the works. No one is a better source of the information since Hubbard the was originator and any one else would merely be one to reiterate or copy. Some people have attempted to improve upon the philosophy, or more particularly, its application.

Certainly many people have issued a changed or altered application of the philosophy. By virtue of that they will achieve a different, and not always welcomed result, as a result of that application. Hubbard was able to achieve a one for one



result with the application of the exercises researched and developed as a result of the philosophy he expounded, provided the philosophy is applied exactly as he stated, fantastic results for the individual are attainable.

The basic philosophy includes the fact that man is not just a piece of meat but a spiritual being. This is not a new discovery of course, Many religions teach this. One of the

remarkable facts that Hubbard discovered, however, is precisely what sort if spiritual being a person is and what their capabilities really are. This was never really clearly defined previously.

So in order to isolate out the discoveries as a

thetan. From the Greek 'Theta', meaning spirit, but more clearly defined.

It was discovered that the thetan had very specific potentials and abilities. It was also discovered that the thetan was not, by any stretch of the imagination, achieving his full potential and was not exercising his full Reading the philosophy itself and underabilities.

It was found significantly that the thetan is immortal. This means that the being has existed since time began, if not before! And therefore has gone through a tremendous number of experiences of virtually all types. It was also discovered that many of these experiences have served to inhibit or reduce the abilities of the being over time. Part of Hubbard's philosophy includes therefore the techniques developed life to restore or rehabilitate those abilities which a being once had. These techniques Finding out what auditing is and how it can and the application of them are called 'the technology', and forms the practical aspect of the philosophy.

This makes the philosophy suitable for anyone to apply and, with the assistance of others well trained in the technology, one can "pull oneself up by the bootstraps" as it were and expand one's abilities as a

being far beyond anyone's expectations. Of course one does not run before one walks and there is a starting point in all this.

The starting point is in:

standing what it is Hubbard discovered about man. life and the universe.

Understanding the basics of the philosophy. Such basics as, the ARC triangle, the structure of

the mind and the relationship between the being the mind and the body.

Understanding the Dynamics principles of

assist one to improve one's life. Finding out what the Bridge is and how it relates to an increased understanding and awareness of oneself.

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To find out more: Go to: http://internationalfreezone.net

### ~~ Lafayette Ron Hubbard Quote ~~

A man is as dead as he can't communicate.

He is as alive as he can communicate.

**Dianetics '55** 

### ~~ Lafayette Ron Hubbard Quote ~~

### What IS Scientology

The word SCIENTOLOGY is one which you might say is anglicized. It comes from the Latin SCIO and the Greek LOGOS, with SCIO the most emphatic statement of KNOW we

had in the western world. And OLOGY (from LOGOS) of course means "study of".

SCIO is "knowing in the fullest sense of the word" and the western world recognizes in it and in the word science something close to a truth.

This is not "science-tology" -- and it is not "scio-tology", simply because that is not close enough to English.

So we use a word which is fairly easy to say, which is simply Scientology.

For quite some time we have not used the word Dianetics, but certainly not because

Dianetics does not belong to Scientology. It does, one hundred per cent. It is the subject of the mind and says so. It says DIA-NETICS

from DIA NOUS (with an engineering twist on it

-- "ETICS") and DIA NOUS means no more and no less than through mind.

Of course the western world thinks of mind as something that mental cases have,

something of that kind, and we weren't particularly interested in continuing to concentrate upon

this thing called mind, although mind is a perfectly useful word.

In Scientology we are not going "through mind", we are talking about knowledge. Dianetics was a study of the mind, there's no doubt about that, and there is no doubt about it that it is a very legitimate ancestor of Scientology, but Scientology is a thing of considerable amplitude, where Dianetics in comparison was a very narrow thing indeed. And Dianetics belongs, in a sense, in the world of psychology, and Scientology does not belong in the world

of psychology and is not "an advanced psychology" and cannot be defined in the framework of

psychology. Psychology is an anglicized word, not today true to its original meaning. Psychology is composited from psyche and ology, and psyche is mind or soul, but leading psychological texts begin very, very carefully by saying that today the word does not

refer to the mind or to the soul. To quote one, it "has to be studied by its own history", since it

no longer refers to the soul, or even to the mind. So we don't know what psychology refers to

today. It simply got lost. And so we have to step out and take a word which actually means what we mean, which is a study of knowingness, a study of wisdom. We have to take the word Scientology because that is what we are doing

From "The Phoenix Lectures" Copyright 1956 by L. Ron Hubbard



### The International Freezone Association The New Renaissance of Beingness Preserve, Protect & Promotel

Newsletter of the International Freezone Association Inc

### Wins & Success Stories from the Independent **Scientology** Freezone

We get many success stories in the Freezone of auditing, training and even just from reading Lafayette Ron Hubbard Books!

Here is just a small selection.

### Life Repair

"Just completed my Life Repair. And "Repaired" for LIFE (Or another good go at it) is no small success! I really feel great, light and happy. Life looks nice and bright again.

It was a long time coming. This was my first real auditing action after 20 years in Scientology.

The action was a total success. Standard and wonderful. Great admiration to my auditor and I know in the future I still have a long way to LRH. "TL

### Johannesburg Confessional

"I have just finished the Joburg Confessional and have felt that I have gotten off a lot of my overts and withholds. I feel clearer as a being and I have had areas of my caser open up that were previously occluded. Thanks, Chris.".CK

### Repair

"Repair: I feel great, I feel at peace. I am looking ahead and it's full of hope and good things. Thanks, Chris, for being such a competent auditor. ARC,"

"I feel I love myself more and everyone around trolled by my body anymore. VK, me. I have more willingness to understand and



explore my past, present and future. M (Note: M was a long-time SO member and auditing her was a privilege.)

### **ARC S/W**

After the process of ARC S/W, I found out a lot of incidents which I think that "I don't care anymore" were handled one by one, and the past experience with dust became the wind of spring, very specially light.

go, but I don't worry anymore and don't feel afraid. I have tools, have certain way to go for life; it's a happy thing. This process helped me confront my past more easily, and confront my life and myself. Finally I see the sun behind the cloud. And it's good."

"I like this process very much. By this process, I find that I can really exist in present time and throw away anything in past time that I don't like so that I can live newly in every moment. I also find that I can control my body. That made me feel funny and happy because it means I can control my body to do anything I want to do and it means I don't have to be con-

"I am very happy to finish this grade. I see the changes in my life. I became more high-toned and can appreciate the things & people around me, and can think with them. In a word, it's easy to build ARC, have no misemotion on myself, the past or PT things, and understand what happens to me or others.

So I became stable, became happy and more confident. It touches me that ARC is so easy. I became more myself and can express myself more. Many feelings go around my heart. I can't express with it words. I'm very happy that I finished. I'll be high-toned in my life."AC.

"I see the condition in the past and now realize if I have a willingness to do, I can achieve anything and can know where the errors are. Man can always be better and won't be worse!"MC,

### Method One Word Clearing Course

"This course gave me a lot of feeling: when I clear a lot of subjects, I clear those subjects again and again. I feel happy, better than better, now. I have no attention on my subjects and have enthusiasm for all my subjects. I think I recover my study's enthusiasm!

When I hear the auditor's assessment, I feel calmed down and happy; I think I become like a child and I can learn anything.

Ethics are very important; in the future, if I encounter an MU, I have no doubt I will clear it. I think everyone must do the M1 course because it can change your life. It is so wonderful." AC

### CCHs

From this processing I feel an understanding of others is a very happy thing. In addition, anytime we live in this world we should always communicate to others to understand them; and sometimes, they don't want to communicate with me or they don't have a comm line

with me; but I find that I can create a comm liner by myself to them and communicate with them. I always can create a life and a situation I want to. It's a very exciting thing I find! J"

### WL

### **Pro TRS**

I finally can confront evil intention! I can use my TR3, repeatedly say the same sentence to let a person think what will happen. I learned how to pass an intention to another person that already changed my life; I can confront any justification. No matter what he would like to say, he will know what is true for him. All I can do is confront him; strongly and bravely. Because a thetan knows what happens in life, truly."RC,

### **Purification Rundown**

I've just completed my second Purification Rundown (purify) and all I can say is, "WOW! Why did I wait so long?"

My body feels amazing. It just feels SO good. It feels good for me to be near it because IT feels so good being alive. My body likes being here. It likes the weather outside and all these plants and animals and it likes all the sensations of being in the physical universe where it belongs. It is completely at home here. It is a natural part of the mest environment and is a natural formation of this planet.

It is also a relay point and communication hub for me, something I am making use of to interact here. My opinion of us doing that isn't important in this story. My success in using this body as a terminal is what's important, and this purification process was like signing up for a refurbished one.

A friend of mine told me it would be like that and I kind of didn't believe him. It's been so long since I did my first purif that it has become unreal to me over the years how good I

felt back then. Everyone feels good in their 20s. And when I started onto this new purif it was quite difficult, with no relief in sight and pressures of family and work suddenly intensifying at the same time. I started the program in circumstances of pretty poor energy and at several points in the program I wondered how I would get through the day.

I got through it with a great C/S (Roy Selby) and persistence. Now my body feels energetic and clean, and I'm still absorbing the win of getting all that time in the day back. I went from being exhausted and unenthusiastic to feeling vibrant and upbeat, all physical. But my OT wins also got shined up because the relay point I did the levels with has gotten shined up, which is an unexpected benefit. This relay point feels delightful to be around and at the same time I am more conscious than ever of its separateness from me. That's an OT win right there.

I would recommend the Purification Rundown to anyone who can be doctor-okayed for it. It's worth every bit of the investment and is beneficial for thetans too. My thanks to LRH for the insight and research that made this simple program available to everyone. G.

### **Self Analysis**

Diana dear, I just have to tell you that I am getting tremendous wins with S/A. My confront has come way, way up and so has my mood and my memory. I'm now having random thoughts of fun things I've done and of things I've done right and of people I've enjoyed and people who have enjoyed my company. I am remembering things I forgot I knew. I remembered today of a time when I filled the entire kitchen and part of the front yard and I remember a time when doing an investigation for CCHR, I could see the loading docks in back of the hospital with a white truck being backed into the dock, and I could see that my patient wasn't coming out the hospital that way ... and I did this while sitting and waiting for her in

the lobby. Having those abilities and not always in my body, that's what I meant when I said I used to be able to fly, but when I met you I could barely amble. Damn it Diana! Ever body should do S/A if they're not on the Bridge. Everybody! Just think what a great place his would be with everyone sane for a change. That's it. I wanted you to know. R.

### New Era Dianetics for OTs

And now a very special Success story! John is the first person to start and finish Solo NOTS entirely in the Freezone! Very Well Done to Ken Urquhart, Pierre, and especially John. This is something we can all be proud of. It shows what can be accomplished with persistence and competent terminals to work with.

### Trey Lotz, Class VIII Auditor

On the 19th of February, 2010 I attested to OTVII. When Pierre asked if I would like to attest, I felt the burden of millions of years of enslavement finally lift from my shoulders. I am very excited to be me and only me. More than any other, I feel this level was a huge accomplishment for me because I have had OT abilities turning on. I am fascinated by the possibilities. I also feel a great satisfaction in that the level provided me an opportunity to help so many others.

I first became aware of Scientology in 1964. When I first read the DMSMH, it was a wakeup call. There was a way out. I was in college at the time but after I saw John McMasters (the first Clear) in Washington, DC at a seminar, I knew that I had to get involved. I dropped out of college and went to DC for processing and training. A couple years later I was in LA and became Clear 2866. Then I took a long break and got on with my life.

I retired from my job in 2001 and I reevaluated my position in Scientology. I had about \$150,000. in my savings. I could either

leave that money for my kids to spend when I died or I could spend it on myself in Scientology. Even though I had made no attempt to get additional training or processing for 37 years, I chose the latter.

I went to Flag. The training and processing I received were great. But when I tried to get on the OT courses, I came up head to wall on my first block. Interestingly, it was not my case that was in question but that of my wife. She resented any changes the Church wanted her to make and I finally realized that I was not going to change her and concluded "why should I?" However, I was stuck. I sat in my hotel room for 3 weeks waiting for approval to continue but it became obvious I was not going to get it. That's when I blew Flag.

I resolved to just purchase all the tapes and other materials I could get my hands on and spend the rest of my life studying Scientology. While purchasing books one of the sellers gave me a call, Tom Smith. In chatting with him I learned of the Freezone where processing and training could be had outside the Church.

in the CofS and then Ken Urquhart took me to OTV. It seemed that my wife was not a factor after all. Later I received the L's from Pierre and did the OTVI course and then Pierre C/ S'ed me through OTVII. It is interesting to note that I was able to take that refund which I had saved only to reach OTIII in the CofS and use it to pay for OTII through OTVII with the L's thrown in as well.

It is now my intention to go to OT XV with Pierre. I look forward to what I know will be an exciting and very rewarding journey. My thanks to Ken Urquhart, and a very special thanks to Pierre Ethier. It is dedicated people like these two that keep Scientology working and there for the rest of us. It is comforting to know that there are Scientologists who still practice Standard Tech. Signed: John R. Beckner Date: 21 Feb 2010

CofS = Church of Scientology

C/S'ed = Case Supervised. A Case Supervisor monitors and instructs the auditor on what to run with the preclear.

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I was able to get a rebate on my unused monies



### ~~ Lafayette Ron Hubbard Quote ~~

"An individual who cannot create has to hold on to what he has. This leads him into holding on to what he has had" Creation of Human Ability Lafayette Ron Hubbard

Newsletter of the International Freezone Association Inc.



### ~~~L. Ron Hubbard Quote ~~~

"The address of Dianetics and Scientology is not to the ill, the insane or the criminal. It is effective in these fields. But its intention is toward the improvement of the able. Men who already can accomplish things can accomplish more. The problems of the society depend upon clearthinking and sane men. Processing can bring about that state according to long experience.

Processing has now become relatively simple. The auditor first must understand the basic axioms of the subject and their meaning in processing. He must have a good grasp of his essential tools. He can gain this understanding in a few weeks if he is quick and intelligent. He must then be able

to handle the techniques of application. These are effective and swift.

When one starts to handle primitive instincts in a human being, that human being sometimes has the sensation of having lived before. We know the instincts from distant times are there and we know where they are filed and we know how to change the record. It is relatively simple to call up in any human being the basic and underlying records which have haunted Man for generations. No matter how solidly he is repressing them, the instincts are there. When they are in sight and deintensified, he is able to relax, to be free, and to be effective.

The simplicity of the present techniques seems to belie the arduousness of their discovery. But they contain all the thousands of years of Man's search for what makes Man hate Man.

Dianetics and Scientology are no more than reason joining research in the humanities and research in the fields of energy and the physical sciences. Once this knowledge was joined, the answers were readily available.

Perhaps now it may be possible, in an overwrought world, to do something about the criminals, the insane, about war and the antisocial hatred Man feels for Man. Can we do something for the savage in civilized garb before he ruins this world and all Man? That is a question which the future must answer. I cannot do more than the work I have done and to publish and make available what has been done.

Every facility which I have and every knowledge which we have gained is at your disposal. It is at your disposal to improve you, to make crime a thing of yesterday, to banish war forever. But it is up to you."

L. Ron Hubbard (Introduction, Technical Vol. 1, 6 February 1952)

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Newsletter of the International Freezone Association Inc





### ARC:

A word made from the initial letters of Affinity, Reality and Communication which together are considered to equal understanding. ARC is pronounced as three letters A-R -C.

### Scientologist

1. one who betters the conditions of himself and the conditions of others by using Scn technology.

2. one who controls persons, environments and situations. A Scientologist operates with the boundaries of the *Auditor's Code* and the *Code of a Scientologist.* 

3. one who understands life. His technical skill is devoted to the resolution of the problems of life.

4.A specialist in spiritual and human affairs.

**Religion**, 1. The ritual of worship or regard about spiritual matters. 2. A study of wisdom. 3. The word religion itself can embrace sacred lore, wisdom, knowingness of gods and souls and spirits, and could be called, with very broad use of the word, a philosophy. We could say there is religious philosophy and there is religious practice.

Religious Philosophy, implies study of spiritual manifestations: research on the nature of the spirit and study on the relationship of the spirit to the body; exercises devoted to the rehabilitation of abilities in a spirit. Religious Practice, implies ritual, faith-in, doctrine based on a catechism\* and a creed.

### **Dianetics & Scientology Technical Dictionary.**

GOLD CENTURY PRESS Quality Books for the New Century Publishers to the Scientologists Freezone <u>Gold Century Press</u>

### **FREE THETAN** The Monthly Newsletter of the **International Freezone Association**



From: International Freezone Association Inc 417 Mace Blvd Suite J #123 Davis, CA 95618 USA

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